



TEACHING METHODS

Human Foosball

MATERIALS NEEDED FOR IN-PERSON TEACHING:

- RECREATION CONES
- TWO GOALS
- 10-18 PEOPLE
- ONE POOL NOODLE
PER PERSON
- DUCT TAPE
- A SOCCER BALL OR
KICKBALL
- A WHISTLE
- MUSIC/SPEAKERS
OPTIONAL

MATERIALS NEEDED FOR VIRTUAL TEACHING:

- DOES NOT
TRANSLATE TO
VIRTUAL

EMPOWERING LEARNING:

- COOPERATION
- COMMUNICATION
- APPRECIATE
DIFFERENT SKILLS

DESCRIPTION

A life-size expansion of the tabletop game, human foosball is a competition in which teams seek to score goals on their opponents while their hands are occupied holding a pool noodle that is connected to a teammate. This is an example of the teaching method of Indoor games turned to oversize outdoor games

INSTRUCTIONS FOR IN-PERSON TEACHING

Set the field for competition using recreation cones to define boundaries and two goals on each end of the field. The game is ideally played with 10-18 people, inside or outside, evenly divided between two teams. Each player holds a pool noodle in their hands the entire time. Players on the same line should duct tape their noodles together for one continuous line. See diagram for field formation and adjust based on numbers.

The referee will put the ball in play in the middle of the field, players will kick the ball in an effort to advance towards the other team's goal. The first team to score 10 goals wins.

INSTRUCTIONS FOR VIRTUAL TEACHING

This game does not translate to a virtual setting

IDEAS FOR USING THIS METHOD

- To encourages students to cooperate and communicate with one another
- To build trust among one another in pursuit of a common goal
- To connect lessons learned through play back to scripture
- To learn about being disciples of Christ by the way we act during competition
- ** For students who are differently-abled or not athletically inclined, let them DJ the music, create cheers for encouragement, or help referee.

DIAGRAM A
FIELD FORMATION
GREEN = TEAM A
PURPLE = TEAM B

